

WEDNESDAY NOTICE

20th February 2013

www.cottageschool.tas.edu.au

P.O. Box 379, Rosny Park 7018 Phone: 6244 3556 Fax: 6244 7355 Email: admin@cottageschool.tas.edu.au

What's on in February/March:			
February	26 th 26 th 27 th 27 th 28 th	Tuesday Tuesday Wednesday Wednesday Thursday	Kinder Parent Forum at 2.30pm Littlies Prep/1Parent Forum at 3.15pm Littlies Environment Day Middlies 3/4 Parent Forum at 3.15pm Biggies 5/6 Parent Forum at 3.15pm
March	5 th 5th 7 th	Tuesday Tuesday Thursday	School Garden Market 3 – 3.30pm Middlies 1/2 Parent Forum at 3.15pm Committee Meeting – 7.30pm (10 Queen St)

Lunches: Thanks so much for the amazing variety of sandwiches that have come to school in the first two weeks. The fillings have been nutritious, delicious and creative. Just a reminder that honey and jam sandwiches are not on the menu and that wholemeal and grainy breads are great but the old white sliced doesn't really fit the bill as far as our nutritious food policy goes. This is a policy which we try to hold true to for all community events, gatherings where we share food, not just a 9-3 Monday to Friday commitment. Please ensure that you are playing your part in its implementation.

Thanks, Coordinators

Eggs: I know this information has been sent out previously but just a reminder for everyone. We have a student at school who is allergic to eggs, and suffers an anaphylactic reaction if he eats them. Please do not send eggs or egg products to school. ANAPHYLAXIS CAN BE FATAL. We will be providing more information next week.

Parent Forums: Teachers will talk about their programme for the term/year. It would be great to see lots of parents attending. They will only run for 30 - 45 minutes. The dates/times etc. for the forums are as follows:

Pam: 2.30pm - 26th of Feb in the Kinders room Michelle: 3.15 pm - 26th of Feb in the Littlies Room Hana: 1/2: 3.15 - 5th March in the Middlies 1/2 room Tom: 3.15 on the 27th Feb in the Middlies 3/4 room Kath: 3.15 on the 28th Feb in the Biggies room

Shoes and Feet: A safety reminder to children and parents that children need to wear shoes to school! While it may sound a little old there are some safety issues if children have bare feet at school. Splinters outdoors and pins or staples on the carpets where they are undetectable can be really painful. Please make sure children have runners on the day that they have P.E with Georgie and ensure that shoes are appropriate for school activities. Thongs are not appropriate given that the children participate in a daily P.E programme most days.

Thanks, Coordinators

Pertussis (whooping cough) in Tasmania/Information from Public Health: Pertussis is still common in many parts of Tasmania. The rate of pertussis in Tasmania in 2012 was the highest of any state. A number of infants have been hospitalized after becoming very ill with pertussis. Quite often a brother, sister or parent has been the source of an infant's infection.

If your child has bouts of coughing or other symptoms that could be pertussis, please take them to a doctor to be tested and possibly treated. Even vaccinated children can get pertussis.

If you child has a cough or suspected pertussis:

- 1. Keep your child away from school.
- 2. Keep your child away from infants, pregnant women and people who have not been immunized against pertussis.

More information about pertussis and cough illness please go to: http://www.dhhs.tas.gov.au/peh/infectious diseases/pertussis

Term Calendar: Families should receive a calendar of what's on in the next couple of weeks. Staff are still confirming some dates. Thanks for your patience.

Thanks

Working Bee: Wow! what a fantastic team effort on Saturday. Thank you everyone who came to clean, scrape, sand, paint, weed, prune, mulch, mattock & spread softfall, empty compost, fix things, cook delicious food to fuel the workers, build garden beds and so much more. It was very enjoyable and satisfying working together and to see so much achieved at the end of the day. Well done all.

We will be in touch regarding follow up jobs for those people who couldn't make it on Saturday later this week. Please note that follow-up jobs need to be completed by 16 March.

With thanks from the Working Bee Coordinators

Lost and Found at Working Bee: **Lost** - a narrow dandelion digging implement that was being used in the Queen Street garden beds - please see Jane Patel if you picked it up by mistake **Found** - A pair of green rubberised gardening gloves and a spade - please see Gabrielle

Query from last working bee of 2012: Can the person who cleaned /scrubbed the floor of the Green Cottage wet area & kitchen please contact Gabrielle? It was such a great job that Kerstin who cleans the school wants to know how you did it/ the product you used?

Garden Market: What can we say?? Tuesday's Market was inundated with so much gorgeous garden produce and so many delicious kitchen goodies that the table nearly collapsed! Thank you for all the contributions, what a great way to share at this time of plenty. There were certainly lots of (very!) happy customers. Lets do it all again in a fortnight (Tuesday 5 March). Look out in next Wednesday's Notice for a list of projects around the school that Garden Market is supporting.

White Cottage Nook: A special thank you to Marlon Key for the beautiful 'nook' that he built between the White Cottage & the fence during the summer holidays. This previously bare space now sports a deck and curved bench seat, just perfect for snacking, chatting, peering over the fence, setting up beauty parlour and all sorts of other games. Thanks Marlon!

Backpacks: The Chiropractors Association of Australia (CAA) has raised concerns about backpacks and the long-term damage that could be caused to students by over-laden and ill-fitting bags. According to CAA research, 90 per cent of school children have poor posture when carrying their bags while 75 per cent are not using the features of their bags, which could help prevent spinal damage. For school children the CAA recommends that:

- Backpacks are sturdy and no wider than the student's chest
- Students have a backpack with broad, padded shoulder straps
- Both shoulder straps are used at all times
- Waist straps are used at all times
- Backpacks should not be worn lower than the hollow of the student's lower back
- Backpacks are not overloaded
- Heavy items be placed at the base of the pack, close to the spine, for better distribution of weight.

Do you want to help bushfire-affected communities? Become a volunteer grower with PLANT AID.

Plant Aid is a community project aimed at registering volunteers to grow plants for bushfire-affected communities. Many people have lost much-loved gardens, native bushland, shelter belts and wildlife habitat in the recent (and ongoing) fires. This is a simple and wonderful way to help restore landscapes and gardens in our bushfire-affected areas and to support people to begin rebuilding their lives and communities. For more details, contact **Maura Bedloe.**

<u>Eastside Activity Centre:</u> Trampoline classes from 4ys to adult. Bookings Essential 6247 7399. Ring for details or check out their website www.eastsideact.gymnastics.org.au

RHYTHMIC DANCE CENTRE: Warrane Studio - Classes start - 18th February 2013

Note: Change of Class Days

Monday – 10 Years and Over - Thursday - 9 Years and Under - 3.15pm – 4.00pm Classes are \$10 each but first lesson is free. Located at Warrane Primary School Hall – 213 Cambridge Road, Warrane TAS 7018

For more information, please contact Anita Wheeler - anita.wheeler94@gmail.com or 0429 068 159

Lindisfarne Junior Football Club will be holding their registration day for Junior & Youth Football.

When: Saturday 23rd February 2013

Time : 9.30am to 12.00pm

Where: ANZAC Park, Lincoln Street, Lindisfarne (Clubrooms)

Contact: Scott Donaghy – 0419 588 422

Web http://www.sportingpulse.com/club_info.cgi?clubID=31343&c=1-110-0-0-0

<u>AUSSIE HOOPS</u> – For children between 6-8 years old WHERE: Warrane Stadium (Cnr Bligh and Dampier Sts) WHEN: Sunday 17th, 24th February & Sunday 3rd March TIME 10am - 12 noon each day COST \$55.00 (Each registered child receives a pack with a basketball and reversible top) BRING: Water bottle, Size 5 basketball (if you have one), runners To secure your place in this program please send your details to

Charlotte : thecollins5@bigpond.com OR
Annabelle : bellamollycavs@bigpond.com

Places are limited so it will be a "first in first serve basis." You will be notified if you have a position via email with a registration form.

COOPER SCREEN ACADEMY 131 Macquarie St. 131 Macquarie St. p: 0407 560 597

Fun, one hour "Acting for Film and TV" classes in the heart of Hobart for Grades 1-6, running through school terms. Mention your school's newsletter item on your application form to TRY A CLASS FOR FREE. All details at www.cooperscreenacademy.com Now at 131 Macquarie Street. UPCOMING EVENTS:

- *CSA Summer Screen Schools. Grades 1-6 31st Jan/1st Feb. Grades 7-10 21st/22nd Jan. 10am-3pm
- *Weekly Screen Acting Classes Grades 1-ADULT from Term One 2013
- *2013 Career Course starting Easter 2013
- *Monthly Intro to Screen Acting Workshops
- *PLUS... Train with top national casting directors in 2013 *Neighbours, Packed to the Rafters, H2O -Just Add Water* and more!
- e: info@cooperscreenacademy.com w: www.cooperscreenacademy.com

Attachments: